



# Packing List for Winter Retreat

## Luggage

Duffel or overnight suitcase

## Outerwear

Winter Jacket

Hat, gloves, scarf

## Footwear

Tennis shoes/ sturdy shoes

Boots

## Comfortable Camp Clothing

Pants

T-shirts

Socks

Underwear

Pajamas

Sweatshirt

## Sleeping

Sleeping bag or blankets

Pillow

Bed sheets (optional)

## Camping Gear

Flashlight  Water Bottle (labeled with child's name)

## Personal Items

Toiletries (soap, shampoo, toothbrush, toothpaste, etc.)

Bath towel, washcloth

Laundry bag for wet/dirty clothes

Bible, journal, pen

## Optional Items

Musical instrument for fun and/or use in Chapel

## Medication

Do not bring over-the-counter medications.

Prescription Medications should be given to your leader with instructions.

**Note: Labeling/initialing clothes is recommended**

## DO NOT BRING

**CELL PHONE, RADIO, CD/MP3/DVD PLAYER, TOBACCO, ALCOHOL, DRUGS, FIREWORKS, FIRE ARMS, PETS, VIDEO GAMES, WATER GUNS, SKATE BOARDS, SKATES, UNICYCLES, EXPENSIVE CLOTHES AND SHOES, OR OTHER VALUABLE ITEMS**

**Questions?** Contact Pam Higgins at (678) 533-1442 or [phiggins@ngumc.org](mailto:phiggins@ngumc.org)